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Source: <https://www.advisory.com/daily-briefing/2018/10/25/health-index>

The 100 cities 'getting health care right,' according to Healthgrades

**Healthgrades** on Tuesday released its [National Health Index](https://www.healthgrades.com/quality/health-index/#top-cities), which lists the 100 cities in the United States that are "getting health care right."

[**10 tools for prioritizing community health interventions**](https://www.advisory.com/research/population-health-advisor/research-briefings/2018/10-tools-for-prioritizing-community-health-interventions)

Rochester, Minnesota, took the top spot.

### **Methodology**

For the list, Healthgrades looked at data on 130 metropolitan areas. Healthgrades examined four factors to determine each city's ranking:

* Access to care—including what percentage of the city's population that has health care coverage, whether cost restricted people from seeing a doctor, and whether people ages 50 to 75 had a colonoscopy in the past 10 years;
* Population health—including what percentage of the city is in good or better health, what percentage has a "normal" body mass index, and what percentage of the population visited a dentist in the past year;
* Hospital quality—including the percentage of five-star hospitals across all quality ratings awarded in the market, how many hospitals demonstrated clinical excellence across multiple conditions and procedures, and the average statistical measure of clinical outcomes for hospitals in the market; and
* Local specialists—including the number of specialists per capita, specialists with an average Healthgrades Patient Experience Survey score of at least 4.5 out of five, and specialists with an average Healthgrades Patient Experience Survey score of five.